

Program / The Experience

# SUPERPOWER DISCOVERY



RUN BY  LIGHT SPACE

# Program, MIT / Cambridge May 21st, 2017

- 09.30 ONBOARDING
- 1 SUPERPOWER DISCOVERY
  - 2 SPOTTING THE VILLAIN
  - 3 HERO 1:1
  - 4 EMOTIONAL LANDSCAPE
  - 5 CARD SIMULATION
- 17.30 TOUCHDOWN & CHECKOUT

# Welcome, Participant

At the **Superpower Discovery** Session,  
we help you to find and explore your  
Superpower to make positive change in  
your life, and the world.

You are about to enter a unique group experience

„The term workshop doesn't do it enough justice. A wonderful experience!”



A close-up photograph of a hand holding a light-colored pencil, pointing it towards a white notepad. The notepad has the word 'PLAYOGRAPHY' printed on it in blue. The background is blurred, showing a person in a white shirt and another person in a red shirt. The overall scene suggests a workshop or a creative session.

PLAYOGRAPHY

You look at your life with fresh eyes.

“A journey to past and future where you discover about your powers and weaknesses and learn how to put them into place and use them.”



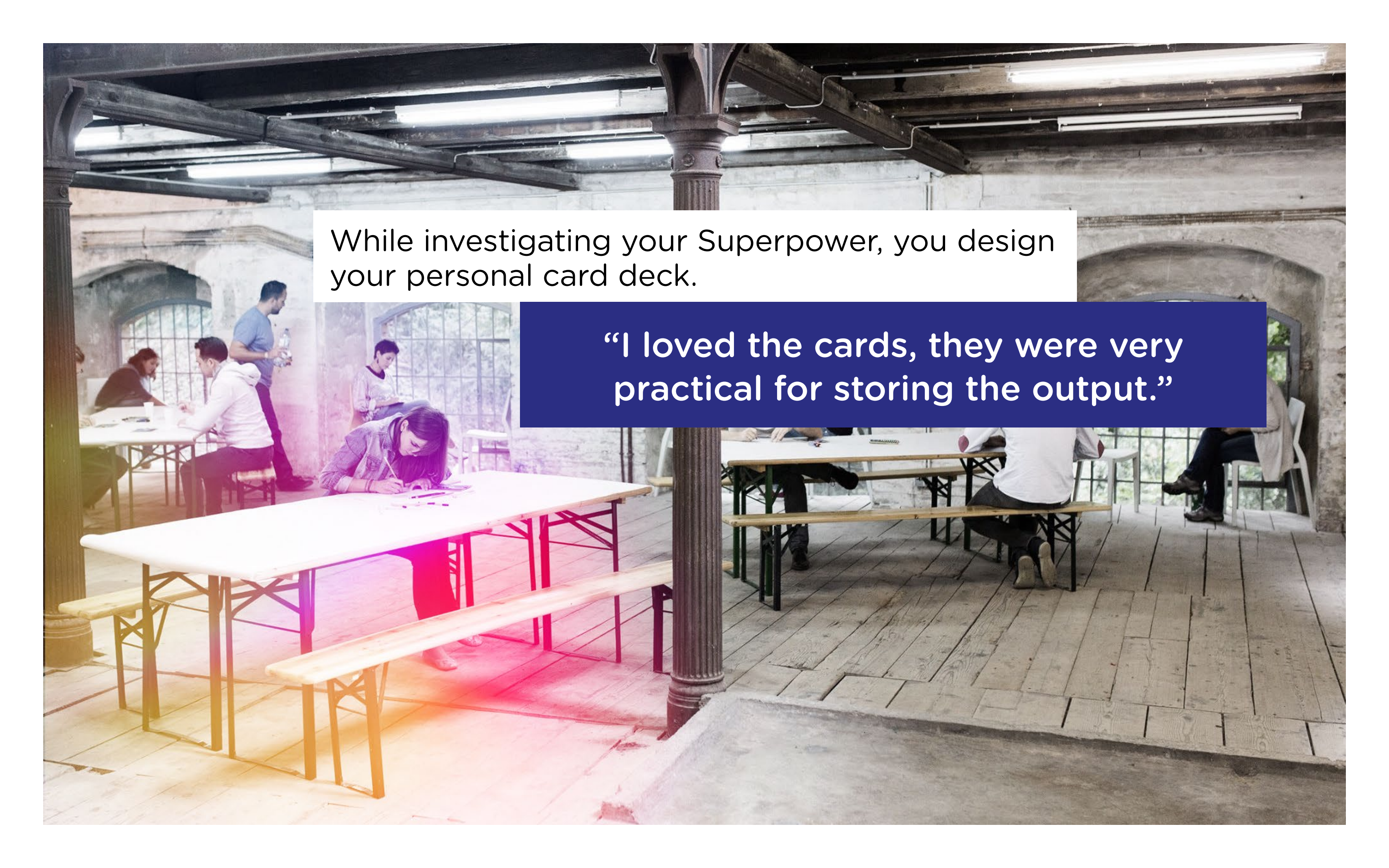
You spot your supervillain that keeps you small.

“Loving, safe atmosphere to be completely honest.”

A woman with long dark hair, wearing a red long-sleeved top with white floral embroidery, stands in the center of the frame with her arms outstretched. She is smiling and looking towards the camera. In the background, several other people are visible, some in similar red clothing, suggesting a group activity or performance. The setting appears to be an outdoor courtyard or a stage area with stone walls and a wooden structure. The overall atmosphere is bright and positive.

You create a hero that sees the best in you.

“Playing with hero and villain uncovered new aspects of my self”

A group of people are working in a workshop or studio. They are seated at long, white tables with wooden benches. The room has a rustic feel with exposed wooden beams and stone walls. A woman in the foreground is focused on drawing or writing on a large sheet of paper. Other people are visible in the background, some looking at their work and others standing. The lighting is bright, coming from overhead fluorescent lights.

While investigating your Superpower, you design your personal card deck.

**“I loved the cards, they were very practical for storing the output.”**





You share with strangers, in a safe environment.

**“What an interesting and diverse group – it was exciting and enriching!”**

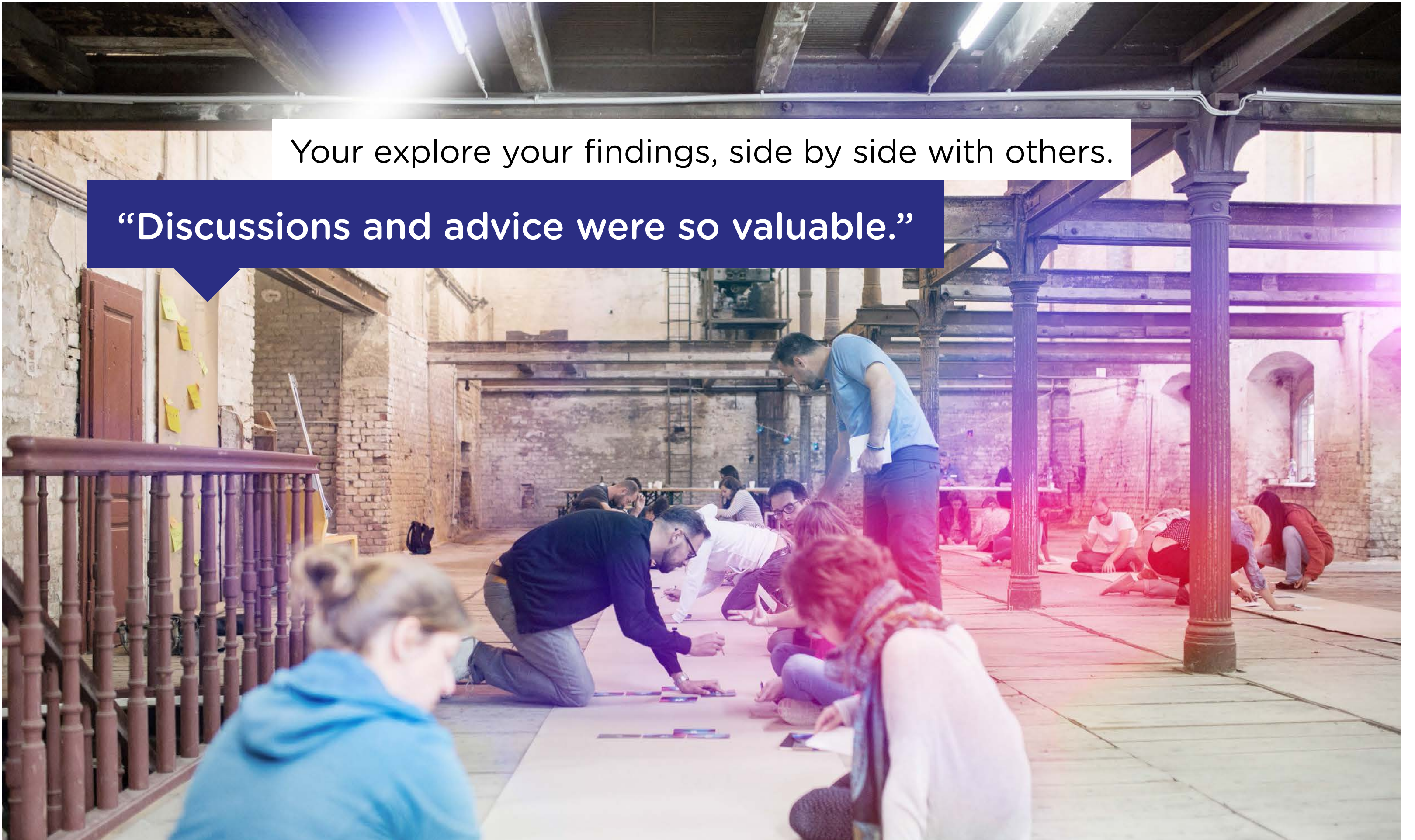


You take time for yourself, with the first hints of your Superpower.

**“I really appreciated the time with my own thoughts.”**

Your explore your findings, side by side with others.

“Discussions and advice were so valuable.”





All the methods and tools are designed to bring you closer to your Superpower.

“This playfulness- It’s something that we adults have to rediscover in order to find our superpower.”

What other participants think:

**“Hybrid between highly professional empowerment workshop, game designing sessions and effective therapy setting!”**

**“I loved that it went beyond the intellectual layers and dove deep into intuitive approaches and body knowledge as well as experience...”**

**“Thanks for the beautiful combination of knowledge, heart and innovation!”**

# Contact



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